







### 灵山大佛

一世界上最高大的露天青铜释迦牟尼立像

灵山大佛, 坐落于无锡马山秦履峰南侧, 于1997年建造而成。大佛所在位置系唐玄奘命名的小灵山, 故名灵山大佛。

大佛通高88米,右手"施无畏印"、左手"与愿印",慈颜微笑,广视众生。

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# KAMPUNG SENANG CHARITY AND EDUCATION FOUNDATION GREEN AND HEALTHY FESTIVAL 2016







Kampung Senang and its co-organisers, Vegetarian Society, Eco Harmony and Animal Allies held the first of its kind *Green and Healthy Festival* on 4 September. Dedicated to its mission of being an eco-concious charity and education organisation that promotes personal responsibility towards individual health and well-being, and collective responsibility towards our communi-



ties and our planet, Kampung Senang's *Green and Healthy Festival 2016* is testament to its commitment to reach out to serve all people; regardless of cultural, ethnic and religious backgrounds to promote compassionate and holistic living. The festival saw different segments of society – from religious to non-profit and enterprises such as Buddhist Life Mission, Che Sen Khor Moral Uplifting Society and The loving Rice – coming together to promote healthy and eco-friendly living to empower people with knowledge to help better one's health and sustain Mother Earth's resources.

At the same time, Mdm Tin Pei Ling, Member of Parliament (MacPherson Constituency), officially launched the *Green and Healthy Monday Campaign*. This festival also featured many unique activities such as Singapore's first Smoothie Cycle Competition where attendees tried their hand at riding specially-designed bicycles to power up blenders for making yummy smoothies and a Vegetarian Cookout Competition where the public also learnt more about healthier and more eco-friendly recipes and cooking alternatives. Additionally, a total of \$125,478 of funds was raised for Kampung Senang's charity outreach programmes.



### SINGAPORE BUDDHIST FREE CLINIC

#### Healthy Walk 2016



SBFC is a charitable organisation set up by local Buddhists to provide free medical services to the sick and the needy. It held its annual walk as part of their Medical Fund Raising Project on 4 Sept at 7.30am at KMSPKS Monastery with Ven. Guang Shen as the Guest-of-Honour to flag off the walk.

#### **DHARMA IN ACTION**

#### Buddhist Film Festival 2016 Opening Film



THIS (Thus Have I Seen) BFF opened on 17 Sept at 1pm at Shaw Theatres Lido with a spectacular film; Samsara, a non-verbal, non-narrative documentary film shot on 70mm film over five years in 25 countries, transporting audience to sacred grounds, disaster zones, industrial sites and natural wonders. It explores samsara, Sanskrit for the "ever turning wheel of life" and the wonders of our world from the mundane to the miraculous – an introspective exploration and study into the unfathomable scopes of man's spirituality and the human experience(s).

## BODHINYANA S'PORE & BUDDHIST FELLOWSHIP

#### **Meditation Retreat**

Ven. Ajahn Bhram Mahathera led a meditation retreat at Phor Kark See Monastery on 23 Sept, from 1-6pm. A British Theraveda Buddhist monk who graduated from Cambridge University in Theoretical Physics, he is currently a

spiritual advisor to numerous Buddhist organisations around the world and also the Abbot of Bodhinyana Monastery in Western Australia.

### PEOPLE'S BUDDHISM STUDY SOCIETY

#### **Dhamma Talk**

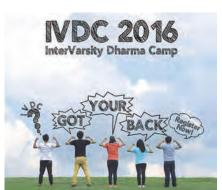
PBSS (大众学佛研究会) will be holding a Dhamma talk by Ven. Kanugolle Rathanasara on 7 Oct (Sat), 9.30am-3pm. This talk will centre on the theme and questions related to, 'Why do you need merits?' For more information, visit: www.dazhong.sg.

#### THE MAHAPRAJNA BUDDHIST SOCIETY

### Renunciation of Avalokitesvara Bodhisattva Assembly

The Avalokitesvara Bodhisattva is regarded as being able to benefit sentient beings in three main areas. First, to save them from the seven types of sufferings; second, to treat them from the three poisons and third, to respond to their two types of requests and also able to reach out to sentient beings and expound the Dharma according to their level of understanding. His renunciation day is on the 9<sup>th</sup> day of the ninth lunar and TMBS (慧严佛学会) will be holding an assembly on 16 Oct (Sun), 10.30am. For more details, call 6748 6625.

#### **FO GUANG SHAN**



#### InterVarsity Dharma Camp 2016

FGS S'pore will be holding the IVDC 2016 from 7-9 Oct and where the camp would include forum discussions, meditation, *Ch'an* tea, Chinese calligraphy, picnic at Waterway Park and other activities such as *Running Man*. Register at: tinyurl.com/IVDC2016.

#### The Birth of Medicine Buddha

The 29<sup>th</sup> day of the ninth lunar month is the birthday of the Bhaisajyaguru Buddha; Medicine Buddha, also known by other names such as Bhaisajyaguru

Tathagata, Bhaisajyaguru Lapis Lazuli Tathagata, the Great Medicine King Buddha, and the Buddha of Twelve Great Vows. He is the Buddha of the Pure Land of Lapis Lazuli - Light in the East, and FGS S'pore will be holding the Medicine Buddha Dharma Service from 23-30 Oct. For more information, visit: www.fgs.sg.

#### **KWAN YIN CHAN LIN**

### Avalokitesvara Bodhisattva Birthday Celebration

There will be two seesions of *Da Bei* Repentance Chanting followed by offering to the Buddha, then lunch, 3-Fold Refuge and 5 Precepts Assembly on 16 Oct, 10am-2pm at KYCL Zen Meditation Centre (Singapore) and 19 Oct, 10am-2pm at Pengerang International Zen Centre (Malaysia).

#### **International Zen Conference**

This year's Zen conference will be held on 29 Oct (Sat), 8am-5pm at Suntec Convention Centre Room 324-325 with Zen Master Dae Kwang, Zen Master Dae Bong, Ven. Chi Boon and Ven. Myong An as guests speakers. For more details on both events and other classes, visit: www.kyclzen.org.

#### THE BUDDHIST LIBRARY

#### Kathina Robes & Books Offering

BL's robes and books offering service will be held on 30 Oct. This is an annual event in the Buddhist tradition where lay devotees would offer robes and/books to the monks to show their gratitude to monks for teaching the Dharma and helping with their meditation practice. This is also considered a meritorious act as the Saffron robe symbolises monkhood; renunciation from worldly life, and one of the four requisites essential to monks in their daily lives.

#### **Guided Meditation**

The Guided Mediation Towards Vipassana clasess will be held over four Thursday sessions – 4,11,18 and 25 Oct from 7.30-9.30pm by Ven. B. Dhammaratana. For more details and registration for the above, please visit:

www.buddhlib.org.sg.

#### **DI ZANG LIN**

#### **Dharma Seminar**

DZL (地藏林) will be holding an English Dharma Seminar facilitated by Ven. You Wei on 30 Oct (Sun), 2pm. For registration, call 6383 9388.